

ACTY Board 2022-2023

President: Jordyn Levine
Programming VP: Shawna Polster
Social Action VP: Alyssa Feldman
Religious & Cultural VP:
Hope Nosanchuk
Membership VP: Sadie Zelin
Communications VP: Laila Bilsky
Financial VP: Teddy White

Service Participants:

Dvar Torah: Rabbi Josh Caruso
Shofar Sounder: Owen Brownstein
Song Leader: Ricky Marcus
ACTY Advisor: Staci Cohen
Service Leaders: Campbell Bilsky, Laila Bilsky,
Alyssa Feldman, Jordyn Levine, Hope
Nosanchuk, Shawna Polster, Caden
Silverstein, Reese Ungier,
Teddy White, Noah Zelin, Sadie Zelin

Upcoming Events

-ACTY Kol Nidre Service: 10/4 6:15 pm in the
Chapel
-Yom Kippur ACTY Afternoon Program: 10/5
12:30 in ACTY Lounge
-L'dor Vador Kallah: October 14-16 in Toronto
-Subregional Program for all Cleveland Reform
Teens: 10/22
-Winter Kallah in Cleveland: 12/9-12/11

Closing Song:

SWEET AS HONEY (LA'ASOK B'DIVREI
TORAH) BY DAN NICHOLS

Sweet as honey, sweet as honey, sweet as
honey on our tongue
Sweet as honey, sweet as honey, sweet as
honey on our tongue

Ba-ruuuuch A-taaaah A-do-naiiii
E-lo-heiiii-nu Me-lech ha-o-laaaam
Asher kid-sha-nu b'mitz-vo-tav vi-tzi-va-
nu
La-a-sok b'div-rei To-rah
La-a-sok b'div-rei To-rah

Sweet as honey, sweet as honey, sweet as
honey on our tongue
Let us soak it up and let it all sink
in, sweet words of Torah
Sweet as honey, sweet as honey, sweet as
honey on our tongue
Let us soak it up and let it all sink
in, sweet words of Torah

Blessed are You God
Our God, Ruler of the universe
Who has made us holy in Your mitzvot and
commanded us to immerse in the words of
Torah



BEING THERE FOR
YOURSELF AND OTHERS

EREV ROSH HASHANAH

SERVICE CREATED
BY ACTY -
ANSHE CHESED
TEMPLE YOUTH

2022

5783



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Opening Song:

Oseh Shalom: Oseh shalom bimromav

Hu ya'aseh shalom aleinu V'al kol Yisrael V'imru,
v'imru amen.

Ya'aseh shalom, ya'aseh shalom Shalom aleinu v'al
kol Yisrael Ya'aseh shalom, ya'aseh shalom Shalom
aleinu v'al kol Yisrael

(May he who makes peace in high places, make
peace for us and for all Israel, and let us say, amen.)

1. Shehechyanu: The Shehechyanu has stood out to me as one of my favorite prayers, especially because of how versatile it can be. It gives thanks to God for allowing us to reach a special moment in time. These moments could be anything from a wedding, to seeing a beautiful sunset, to catching up with an old friend. In the coming year, I encourage you to find more of your own Shehechyanu moments.

2. Ma'ariv Aravim: In the very beginning of our Jewish education, many of us learn about God's creation of the Earth and that light and darkness were created on the very first day. But yet the sun, moon, and stars were not created until the fourth day. If that's the case, what kind of light existed before then? One Midrash says that the light before the sun, moon, and stars was God's greatness made visible. In order to save this special light for the righteous, a blanket was placed over it. But, God didn't want to leave us completely in the dark, so holes were poked in the blanket, slowly creating the stars as more righteous acts were done on the Earth. As you listen to the next prayer, try to think of what you could do in the New Year to let us see more of God's greatness and help bring about more stars. Please join us in the Ma'ariv Aravim.

3. You can't hate yourself into being happy. You can't criticize yourself into presenting how you want to present. You can't shame yourself into feeling worthy. True change begins with self-love and making time for you.

4. "As you grow older, you will discover that you have two hands, one for helping yourself, the other for helping others". — Maya Angelou

5. Mi Chamocha: Jews have a history of living life to the fullest. As we make the most of the moments we have and continue to be grateful for those moments, we honor our ancestors who risked their lives to cross the red sea and escape slavery. It is said that those very ancestors chose to make the most of their day in that moment. They chose to rejoice in song.

6. Mi Shebeirach: This is a Mi Shebeirach for those who climbed daily into their cars, buses, subways, and trains;

For those who lost their jobs, homes, and food; for those anxiously waiting for what the future will bring.

This is for the children, the elderly, and the ones with intellectual disabilities, who do not understand why their lives suddenly and so drastically changed.

This is for the addicts, the ones in need of medication, and the ones in need of group support and therapy, who struggle with the absence of healthy habits.

This is for the ones our free meals did not reach; the ones whose big dreams had to shrink; the ones whose futures are forever altered.

7. Avinu Malkeinu: The original teaching of the Avinu Malkeinu uses the term, "Our Father, Our King." In recent years, many have found their own terms in this classic prayer. In the coming year, I urge you to find your own personal meaning in this traditional translation.



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